



WESTERN CAPE CYCLING
together with WP CYCLING
PRESENTS
Western Cape Track Cycling Championships 2022



Bellville Velodrome

| Saturday 1 October @ 09h00 - Registration from 08h00 | | | Sun 2 October @ 10h00 - Registration from 09h00 | |
|--|--------------------------|--------------------------|---|------------|
| DAY 1: Session 1 - SATURDAY 1 OCTOBER | | | | |
| No. | Event name | Category | Comment | Round |
| 1 | 3000m individual pursuit | Para | Medals for top 3 | Finals |
| 2 | 4000m individual pursuit | Elite men | Medals for top 3 | Finals |
| 3 | 3000m individual pursuit | Junior men | Medals for top 3 | Finals |
| 4 | 3000m individual pursuit | Elite ladies | Medals for top 3 | Finals |
| 5 | 3000m individual pursuit | Masters men 35-39 | Medals for top 3 | Finals |
| 6 | 3000m individual pursuit | Masters men 40-44 | Medals for top 3 | Finals |
| 7 | 3000m individual pursuit | Masters men 45-49 | Medals for top 3 | Finals |
| 8 | 2000m individual pursuit | Masters men 50+ | Medals for top 3 | Finals |
| 9 | 2000m individual pursuit | Masters ladies 35+ | Medals for top 3 | Finals |
| 10 | 2000m individual pursuit | Junior ladies | Medals for top 3 | Finals |
| 11 | 1000m individual pursuit | Girls u11 | Medals for top 3 | Finals |
| 12 | 1500m individual pursuit | Girls u13 | Medals for top 3 | Finals |
| 13 | 1500m individual pursuit | Girls u15 | Medals for top 3 | Finals |
| 14 | 2000m individual pursuit | Girls u17 | Medals for top 3 | Finals |
| 15 | 1000m individual pursuit | Boys u11 | Medals for top 3 | Finals |
| 16 | 1500m individual pursuit | Boys u13 | Medals for top 3 | Finals |
| 17 | 1500m individual pursuit | Boys u15 | Medals for top 3 | Finals |
| 18 | 2000m individual pursuit | Boys u17 | Medals for top 3 | Finals |
| 19 | 3000m team pursuit | Masters men 35+ | Medals for top 3 | Finals |
| 20 | 3000m team pursuit | Open ladies (Jr & Elite) | Medals for top 3 | Finals |
| 21 | 4000m team pursuit | Open men (Jr and Elite) | Medals for top 3 | Finals |
| 22 | 200m sprint qualifiers | Elite men | 4 fastest riders to final | Qualifiers |
| 23 | 200m sprint qualifiers | Junior men | 4 fastest riders to final | Qualifiers |
| 24 | 200m sprint qualifiers | Boys u17 | 4 fastest riders to final | Qualifiers |
| 25 | 200m sprint qualifiers | Open ladies | 4 fastest riders to final | Qualifiers |
| 26 | 200m sprint qualifiers | Masters men 35-44 | 4 fastest riders to final | Qualifiers |
| 27 | 200m sprint qualifiers | Masters men 45+ | 4 fastest riders to final | Qualifiers |
| Interval 15 minutes | | | | |
| 28 | 500m tt | Para | Medals for top 3 | Finals |
| 29 | 500m tt | Girls u11 | Medals for top 3 | Finals |
| 30 | 500m tt | Girls u13 | Medals for top 3 | Finals |
| 31 | 500m tt | Girls u15 | Medals for top 3 | Finals |
| 32 | 500m tt | Girls u17 | Medals for top 3 | Finals |
| 33 | 500m tt | Boys u11 | Medals for top 3 | Finals |
| 34 | 500m tt | Boys u13 | Medals for top 3 | Finals |
| 35 | 500m tt | Boys u15 | Medals for top 3 | Finals |
| 36 | 500m tt | Boys u17 | Medals for top 3 | Finals |
| 37 | 500m tt | Masters ladies 35+ | Medals for top 3 | Finals |
| 38 | 500m tt | Open ladies | Medals for top 3 | Finals |
| 39 | 500m tt | Junior ladies | Medals for top 3 | Finals |
| 40 | 500m tt | Masters men 55+ | Medals for top 3 | Finals |
| 41 | 500m tt | Masters men 50-54 | Medals for top 3 | Finals |
| 42 | 1000m tt | Elite men | Medals for top 3 | Finals |
| 43 | 1000m tt | Junior men | Medals for top 3 | Finals |
| 44 | 1000m tt | Masters men 35-39 | Medals for top 3 | Finals |
| 45 | 750m tt | Masters men 40-44 | Medals for top 3 | Finals |
| 46 | 750m tt | Masters men 45-49 | Medals for top 3 | Finals |
| Medal ceremony | | | | |
| Lunch for 60 minutes | | | | |
| Session 2 | | | | |
| 47 | Team sprint | Open ladies (Jr & Elite) | Medals for top 3 | Finals |
| 48 | Team sprint | Open men (jr and elite) | Medals for top 3 | Finals |
| 49 | Team sprint | Masters men35+ | Medals for top 3 | Finals |
| 50 | 7.5km scratch race | Open ladies | Medals for top 3 | Finals |
| 51 | 7.5km scratch race | Boys u17 | Medals for top 3 | Finals |
| 52 | 7.5km scratch race | Masters men 54+ | Medals for top 3 | Finals |
| 53 | 7.5km scratch race | Masters men 45-54 | Medals for top 3 | Finals |
| 54 | 10km scratch race | Masters men 34-44 | Medals for top 3 | Finals |
| 55 | 10km scratch race | Junior men | Medals for top 3 | Finals |
| 56 | 15km scratch race | Elite men | Medals for top 3 | Finals |
| Interval 15 minutes | | | | |
| 57 | 1500m | Elite men | Top 8 to finals – event 61 | Heat 1 |
| 58 | 1500m | Elite men | Top 8 to finals – event 61 | Heat 2 |
| 59 | 1500m | Boys u17 | Medals for top 3 | Finals |
| 60 | 1500m | Open ladies | Medals for top 3 | Finals |
| 61 | 1500m | Boys u15 and girls u17 | Seperate Medals per age cat - top 3 | Finals |
| 62 | 1500m | Masters men 35-44 | Medals for top 3 | Finals |
| 63 | 1500m | Masters men 45-54 | Medals for top 3 | Finals |
| 64 | 1500m | Masters men 55+ | Medals for top | Finals |
| 65 | 1500m | Junior men | Medals for top 3 | Finals |
| 66 | 1500m | Elite men | Medals for top 3 | Finals |
| End of day 1 | | | | |



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| Saturday 1 October @ 09h00 - Registration from 08h00 | | | Sun 2 October @ 10h00 - Registration from 09h00 | |
|--|-------------------|--------------------------|---|--|
| DAY 2: Session 1 - SUNDAY 2 OCTOBER | | | | |
| No. | Event name | Category | Comment | Round |
| 67 | Match sprint | Elite men | Ride for 3 rd place medal – best out of 3 | 3 rd and 4 th ride 1 |
| 68 | Match sprint | Elite men | Ride for 1 st and 2 nd places – best out of 3 | 1 st and 2 nd ride 1 |
| 69 | Match sprint | Junior men | Ride for 3 rd place medal – best out of 3 | 3 rd and 4 th ride 1 |
| 70 | Match sprint | Junior men | Ride for 1 st and 2 nd places – best out of 3 | 1 st and 2 nd ride 1 |
| 71 | Match sprint | Boys u17 | Ride for 3 rd place medal – best out of 3 | 3 rd and 4 th ride 1 |
| 72 | Match sprint | Boys u17 | Ride for 1 st and 2 nd places – best out of 3 | 1 st and 2 nd ride 1 |
| 73 | Match sprint | Open ladies | Ride for 3 rd place medal – best out of 3 | 3 rd and 4 th ride 1 |
| 74 | Match sprint | Open ladies | Ride for 1 st and 2 nd places – best out of 3 | 1 st and 2 nd ride 1 |
| 75 | Match sprint | Masters men 35-44 | Ride for 3 rd place medal – best out of 3 | 3 rd and 4 th ride 1 |
| 76 | Match sprint | Masters men 35-44 | Ride for 1 st and 2 nd places – best out of 3 | 1 st and 2 nd ride 1 |
| 77 | Match sprint | Masters men 45+ | Ride for 3 rd place medal – best out of 3 | 3 rd and 4 th ride 1 |
| 78 | Match sprint | Masters men 45+ | Ride for 1 st and 2 nd places – best out of 3 | 1 st and 2 nd ride 1 |
| 79 | Match sprint | Elite men | Ride for 3 rd place medal – best out of 3 | 3 rd and 4 th ride 2 |
| 80 | Match sprint | Elite men | Ride for 1 st and 2 nd places – best out of 3 | 1 st and 2 nd ride 2 |
| 81 | Match sprint | Junior men | Ride for 3 rd place medal – best out of 3 | 3 rd and 4 th ride 2 |
| 82 | Match sprint | Junior men | Ride for 1 st and 2 nd places – best out of 3 | 1 st and 2 nd ride 2 |
| 83 | Match sprint | Boys u17 | Ride for 3 rd place medal – best out of 3 | 3 rd and 4 th ride 2 |
| 84 | Match sprint | Boys u17 | Ride for 1 st and 2 nd places – best out of 3 | 1 st and 2 nd ride 2 |
| 85 | Match sprint | Open ladies | Ride for 3 rd place medal – best out of 3 | 3 rd and 4 th ride 2 |
| 86 | Match sprint | Open ladies | Ride for 1 st and 2 nd places – best out of 3 | 1 st and 2 nd ride 2 |
| 87 | Match sprint | Masters men 35-44 | Ride for 3 rd place medal – best out of 3 | 3 rd and 4 th ride 2 |
| 88 | Match sprint | Masters men 35-44 | Ride for 1 st and 2 nd places – best out of 3 | 1 st and 2 nd ride 2 |
| 89 | Match sprint | Masters men 45+ | Ride for 3 rd place medal – best out of 3 | 3 rd and 4 th ride 2 |
| 90 | Match sprint | Masters men 45+ | Ride for 1 st and 2 nd places – best out of 3 | 1 st and 2 nd ride 2 |
| 91 | Match sprint | Elite men | Ride for 3 rd place medal – best out of 3 | 3 rd and 4 th ride 3 |
| 92 | Match sprint | Elite men | Ride for 1 st and 2 nd places – best out of 3 | 1 st and 2 nd ride 3 |
| 93 | Match sprint | Junior men | Ride for 3 rd place medal – best out of 3 | 3 rd and 4 th ride 3 |
| 94 | Match sprint | Junior men | Ride for 1 st and 2 nd places – best out of 3 | 1 st and 2 nd ride 3 |
| 95 | Match sprint | Boys u17 | Ride for 3 rd place medal – best out of 3 | 3 rd and 4 th ride 3 |
| 96 | Match sprint | Boys u17 | Ride for 1 st and 2 nd places – best out of 3 | 1 st and 2 nd ride 3 |
| 97 | Match sprint | Open ladies | Ride for 3 rd place medal – best out of 3 | 3 rd and 4 th ride 3 |
| 98 | Match sprint | Open ladies | Ride for 1 st and 2 nd places – best out of 3 | 1 st and 2 nd ride 3 |
| 99 | Match sprint | Masters men 35-44 | Ride for 3 rd place medal – best out of 3 | 3 rd and 4 th ride 3 |
| 100 | Match sprint | Masters men 35-44 | Ride for 1 st and 2 nd places – best out of 3 | 1 st and 2 nd ride 3 |
| 101 | Match sprint | Masters men 45+ | Ride for 3 rd place medal – best out of 3 | 3 rd and 4 th ride 3 |
| 102 | Match sprint | Masters men 45+ | Ride for 1 st and 2 nd places – best out of 3 | 1 st and 2 nd ride 3 |
| 103 | 3km scratch race | u11 boys and u13 girls | Seperate Medals per age cat - top 3 | Finals |
| 104 | 3km scratch race | u13 boys and u15 girls | Seperate Medals per age cat - top 3 | Finals |
| 105 | 3km scratch race | U17 girls and jun ladies | Seperate Medals per age cat - top 3 | Finals |
| 106 | 3km scratch race | u15 boys | Medals for top 3 | Finals |
| 107 | Elimination | Junior men | Medals for top 3 | Finals |
| 108 | Elimination | Elite men | Medals for top 3 | Finals |
| Medal ceremony | | | | |
| Lunch for 45 minutes | | | | |
| Session 2 | | | | |
| 109 | 1500m | Boys u11 and girls u13 | Seperate Medals per age cat - top 3 | Finals |
| 110 | 1500m | Boys u13 and girls u15 | Seperate Medals per age cat - top 3 | Finals |
| 111 | Keirin | Junior men | Top 4 to finals - event 123 | Heat 1 |
| 112 | Keirin | Junior men | Top 4 to finals - event 123 | Heat 2 |
| 113 | Keirin | Elite men | Top 4 to finals - event 122 | Heat 1 |
| 114 | Keirin | Elite men | Top 4 to finals - event 122 | Heat 2 |
| 115 | Keirin | Boys u17 | Top 4 to finals - event 124 | Heat 1 |
| 116 | Keirin | Boys u17 | Top 4 to finals - event 124 | Heat 2 |
| 117 | Keirin | Open ladies | Medals for top 3 | Finals |
| 118 | Keirin | Masters men 50+ | Medals for top 3 | Finals |
| 119 | Keirin | Masters men 45-49 | Medals for top 3 | Finals |
| 120 | Keirin | Masters men 40-44 | Medals for top 3 | Finals |
| 121 | Keirin | Masters men 35-39 | Medals for top 3 | Finals |
| 122 | 3km points race | Girls u17 | Medals for top 3 | Finals |
| 123 | 3km points race | Boys u15 | Medals for top 3 | Finals |
| 124 | 7.5km points race | Open ladies (Jr & Elite) | Medals for top 3 | Finals |
| 125 | 7.5km points race | Masters men 55+ | Medals for top 3 | Finals |
| 126 | 7.5km points race | Masters men 45-54 | Medals for top 3 | Finals |
| 127 | 10km points race | Boys u17 | Medals for top 3 | Finals |
| 128 | 20km points race | Elite men | Medals for top 3 | Finals |
| 129 | 15km points race | Junior men | Medals for top 3 | Finals |
| 130 | 15km points race | Masters men 35-44 | Medals for top 3 | Finals |
| 131 | Keirin | Elite men | Medals for top 3 | Finals |
| 132 | Keirin | Junior men | Medals for top 3 | Finals |
| 133 | Keirin | Boys u17 | Medals for top 4 | Finals |
| Interval 20 minutes | | | | |
| 134 | 20km Madison | Open men | 2 riders per team (jr, elite, masters) | Finals |
| Medal ceremony | | | | |
| End of day 2 and Close of Champs | | | | |