

Velddrif 222 Velddrif

Road Race



Event Guide

1. Details of the Event:

Date:	26 June 2022
Time:	7h30 to 17h00
Venue:	Riviera Hotel Voortrekker Road Velddrif
Hosts:	Western Province Cycling Association

2. Race Personnel:

Race Director	Graham Ward	082-449-7424
Race Organiser:	Sue Kirk	083-578-9375
Timing:	Christhonie Geldenhuys	082-671-4099
Safety Officer:	Mark Syce	083-318-9379
Chief Marshal:	Conrad Wiersma	082-554-2726
COVID Officer:	Megan Burns	084-548-2535
Medical Team:	Joseph Kaliza	082-492-2970
WP Contacts	Sharief Peters	082-926-9402
	Graham Ward	082-449-7424
Myriad Events	Sue Kirk	083-578-9375

3. Emergency Services:

Hospitals	Vredenburg Provincial	022-709-7200
	Citrusdal Provincial	022-921-2153
	Radie Kotze, Piketberg	022-913-1175
	Elands Bay Clinic	022-972-1680
Disaster Management	BergRiver Municipality	022-913-6000
Fire Department	BergRiver Municipality	022-433-8700
Traffic Services	BergRiver Municipality	022-931-8486

SAPS	Velddrif	022-783-8025
	Piketberg	022-913-8800
	Eland Bay	022-972-8000

4. Officials:

Denis Human

Sammy Hardine

Naaïm Ismail

5. General Provisions:

The Velddrif 222 Velddrif road race will take place on 26 June 2022. This race will conform to the regulations currently in place to address the COVID-19 pandemic, as promulgated by the South African Government and as updated from time to time. At the time of producing this document, we have just had a relaxation of the restrictions. However, we will conform to the requirements laid out in the latest government regulations, Clause 36 – Gatherings, sub-clauses 10 through 14.

This race also conforms to the Road Racing Regulations of the Union Cycliste Internationale (UCI) and Cycling South Africa, where applicable, except where herein provided.

Racing format may also be modified at the discretion of the chief commissaire should this be necessary.

6. Entries and Registration:

- Online entries will open for this race on 21 April 2022.
- There will be only one distance on offer – a 222km circular route from Velddrif to Velddrif.
- Race entries will only be for participants from junior level and upwards.
- There will be NO entries on the day.
- Only cyclists with valid CSA memberships will be allowed to enter the race.
- Day licenses will be available at a cost of R50 each and can be added to the rider's basket on the entry portal.
- Rider licenses will be verified before the time so there is no need to present them at registration
- Riders are not considered registered until all administrative requirements have been fulfilled and entry fee has been paid in full.

6.1 Race Categorisation:

- The 222km Race will have various start groups as usual at the WPCA races.
- The riders will be seeded from slowest to fastest and start off in groups of around 50 participants and staggered times. The number of start groups will depend on the number of entries.
- Cut-off times will apply on the route based on the lowest speed indicated above.
- **Age limits apply for the safety of our younger riders. WE WILL NOT ALLOW ANY UNDER 19's PERMISSION TO RIDE IN THIS RACE**

7. Parking and Registration – Race Day:

Registration will take place at the Riviera Hotel, Voortrekker Street, Velddrif on Saturday 25 June from 16h00 until 19h00 and again on Sunday 26 June from 6h00 until 8h30.

Parking will be available at the hotel as well as the bird watching site 500m along the road, where the actual start line will be. There will also be parking available on the open ground behind the finish line on the Dwarskersbos Road.

8. Commencement of Races:

- Racing will commence at 7h00. The proposed starting line up as follows:
 - 7h00 Batch A (slowest seeded batch)
 - 7h30 Batch B
 - 8h00 Batch C
 - 8h30 Batch D
 - 9h00 Batch E (fastest seeded batch)
- These times may change somewhat depending on the number of entries. Please keep an eye on social media for final confirmation of start times.

9. Route Plan and Marshal Points:

Route out of Velddrif

The route out of town is detailed below.

THE FIRST 2,5KM IS A NEUTRAL ZONE AND WILL BE UNDER THE CONTROL OF THE OFFICIALS AND TRAFFIC POLICE

We have identified 35 intersections (including the start and finish points) where traffic control is required. Below we have numbered each of these intersections and given information on what is required at each point.

Route out of Velddrif:



Overall route map:



Piketberg 1:



Piketberg 2:



Proposed Feed Zone at Redelinghuys:



Elands Bay:



Intersection	Details	Requirements
1	Race start point	Event staff, traffic officials, marshals, signage, cones and flags
2	Voortrekker / Gousblom	Marshals and signage
3	Voortrekker / Dahlia	Marshals and signage
4	Voortrekker / Waterkand	Marshals and signage
5	Voortrekker / Aster	Marshals and signage
6	Voortrekker / Angelier	Marshals and signage
7	Voortrekker / Smit	Marshals and signage
8	Voortrekker / Sandpiper (End of neutral zone)	Traffic officials, CSA officials, marshals, signage, cones and flags
9	R399 / Aurora Road	Marshals
10	R399 / Goedverwacht	Marshals
11	R399 / De Hoek	Marshals
12	R399 / Long	Marshals
13	Long / de Hoek	Marshals
14	Long / Retief	Marshals
15	Long / Tuin	Marshals
16	Long / Eike	Marshals
17	Long / Keerom	Marshals
18	Long / Die Trek	Traffic officials, marshals, signage, cones and flags

19	Long / Hoof	Traffic officials, marshals, signage, cones and flags
20	Long / Kerk	Traffic officials, marshals, signage, cones and flags
21	Long / Kloof	Marshals
22	Long / Pepper	Marshals
23	Long / Sand	Marshals
24	Long / Zebra	Marshals
25	Long / Noord	Marshals
26	Long / Waterkant	Traffic officials, marshals, signage, cones and flags
27	R365 / Versveld Pass	Marshals and signage
28	R366 / Eendekuil (R365)	Marshals and signage
29	R366 / Het Kruis (R365)	Marshals and signage
30	R366 / Redelinghuys (Feed Zone)	Traffic officials, marshals, signage, cones and flags
31	R366 / Leipoldville	Marshals and signage
32	R366 / Eland Bay South	Marshals and signage
33	R366 / Main	Marshals and signage
34	Main / Dwarskerbos	Marshals and signage
35	Finish	Event staff, traffic officials, marshals, signage, cones and flags

10. Other Items:

- While we will be having the registration point at Riviera Hotel, we cannot take responsibility for vendor catering and COVID-19 however the management of the premises have assured us that they are compliant with all legislated requirements.
- We have striven, through manipulation of registration and start times, distancing of competitor parking and segregation thereof, to try and maintain the minimum requirement of 16 sq.m per person throughout the registration and race commencement process.
- We will be employing people on the start line to ensure that competitors keep a safe distance away from each other.
- Provisional race results will be made available online within 24 hours of the completion of the race.
- There will be 3 places awarded for podium positions.
- The Race will take place under Racing Rules.

Annexure A

COVID-19 OPERATIONAL PLAN

CAPE METROPOLE CYCLING ASSOCIATION

Referred hereunder as Western Province Cycling Association or WPCA

Developed by Myriad Events (Pty) Ltd

24 June 2020

PURPOSE OF THE OPERATIONAL PLAN:

To ensure that all athletes, support staff and officials who will be returning to events do so in a manner which minimizes any effects to their health from the Covid-19 virus outbreak.

APPLICATION OF THE OPERATIONAL PLAN FOR NON-CONTACT SPORTS:

The Government requires that a Covid-19 Operational Plan be developed prior to the reopening of a non-contact sporting code to the athletes. Cycling is one of the sports listed in Annexure A – Non-Contact Sporting Bodies as appended to the Amendment of directions issued in terms of Regulation 4(10) of the regulations made under Section 27(2) of the Disaster Management Act, 2002 (Act #57 of 2002): Suspension of Sport, Arts and Cultural Events as Measures to Prevent and Combat the Spread of Covid-19

OPERATIONAL PLAN FOR WESTERN PROVINCE CYCLING ASSOCIATION:

The Western Province Cycling Association are the event hosts of various road cycling events held in the greater Cape Town area and surrounds. Their races are typically held on Sunday mornings, starting at 8h00 and finished by 13h00. Racing groups of around 60 to 80 participants each would take part around a pre-determined course for a specified distance. However due to the Covid-19 outbreak, these races can no longer be held under Level 2 Regulations due to most of the cyclists not falling into the category of “professional athlete” as defined below:

“Professional Athlete” means an athlete who make a living by competing in a sport or receives payment for performance at international championships or related events including preparation for Olympics, a member of a training squad for a relevant sporting body.

We do however have athletes that are deemed semi-professional and are in possession of Full Racing Licenses issued by Cycling South Africa (CSA) who are members of sponsored teams and who compete for a prize purse at our events. For this reason, we feel that we should be able to hold events catering for these athletes to compete at.

Other definitions that we need to take cognisance of are as follows:

“Official” means sporting venue manager, sporting venue employee, match or race official, journalist, television crew, radio commentator and security personnel.

“Support Staff” means a technical official, coach, assistant coach, kit manager, physiotherapist, medical officer, driver or physical trainer

WPCA ROAD COVID-19 OPERATIONAL PLAN:

There will be no “on the day” entries to races. All people attending the race need to go through the WPCA website online entry procedures at least 72 hours before the race is due to start or alternatively complete and return the pre-screening questionnaire that will be sent out once officials and race staff are confirmed .

Record Keeping

Prior to racing starting we will require all athletes, support staff and officials to register on the WPCA data base that will be created to address the items required by government. These include, but are not limited to:

1. Full names and ID numbers of the participants, be they athletes, support staff or officials, as defined above
2. Residential address
3. Cell phone number and email address
4. Contact details of a person or persons living in the same residence at the participants.
5. Last temperature reading and date (at a shopping centre or similar)
6. Tick boxes for any of the following symptoms:
 - a. Coughing
 - b. Tight Chest
 - c. Sore Throat
 - d. Loss of smell and taste
 - e. Conjunctivitis
 - f. Body pains
 - g. Fever
 - h. Severe headaches

This is to be done each time a participant enters a race. All support staff and officials are to also submit their details before each race.

Pre-Race Screening and Testing

All athletes, support staff and officials are to report to the medical screening facility to have their temperature taken and recorded. This will be done by the Myriad Events staff and reported to the appointed Covid-19 Compliance Officer. Should any person whose temperature is outside of the norms (35.7 to 37.7 Celsius) arrive on site, they will be directed to the closest screening station details of which will be available on a case by case basis. Records of all the temperatures recorded will be kept on file for the duration of the Covid-19 outbreak.

Preparation for a Race

The registration venue of WP races varies from race to race. However, the general guidelines listed below will be applied at all race registration points, as far as applicable.

1. Registration will, as far as possible, be conducted in the open air.
2. All equipment, work surfaces and surrounds will be sanitised before, during and after registration.
3. Riders will be issued with race numbers with a barcode. Support staff and officials will be issued with a name badge that includes a barcode. This is to be worn on a lanyard around his or her neck.
4. A register of those allowed to attend will be compiled 72 hours before the race and will be on hand.
5. A designated area will be set aside for the registration and temperature testing station. There will be a hand sanitiser station outside the area that participants are to use before entering. All participants will be directed to this station prior to registering for the race. Any person whose temperature is above 37.7 Celsius will be requested to leave the premises and return home.
6. After registration, participants will be directed to the race start area which will be cordoned off and will be checked onto the start line by officials / timing personnel.

During the Race

During racing, should an accident occur, medical personnel will be called to attend the scene.

After the Race

There will not be a podium or prize giving. Participants will be asked to leave the race area and head straight back to their cars. Provisional results will be posted within 5 hours of the end of the race, and final results 24 hours later. Prize winners will be contacted for their banking details.

Race Village Requirements

- 3 x Hand sanitiser units will be available – one at each registration point and one at the timing desk.
- Signage to be installed indicating that all people attending the race will be required to wear a face mask while on site.
- Eco-Viro Cleanse sanitiser will be provided for the regular washing down of tables, equipment and work surfaces at both the registration and timing desks.

Race Venue Regulations:

- All people present are to institute a 1,5metre social distance between themselves.

- If an athlete, support staff or official shows signs of and Covid-19 symptoms he will not be allowed to proceed and is to leave the race venue immediately and go to the nearest screening station.
- The registration personnel are to be informed should this happen so that they can phone the Covid-19 helpline if necessary.
- All personnel must wear something to cover their nose and mouth at all times, except cyclists who can remove them during the race.
- There must be easy access to the sanitiser provided by the events management team
- Workstations and equipment where necessary are to be disinfected regularly.
- Sub-Contractors, such as medical personnel, are to submit proof of their screening of employees on the same day. Names and ID numbers of staff, along with the results of that days screening must be emailed to the events management team 48 hours before the time.

Race Venue Amenities and Safety Measures Implemented:

The Race Venue amenities accessible to all occupants and visitors to the race are as follows:

- Car Park – no measures will be taken
- Registration and Screening Area – staff will wear the necessary PPE and regularly sanitise the work area and equipment
- Race Start and Finish Areas – will be cordoned off. Only Accredited Participants and officials will be allowed access.
- Timing Desk – no one other than staff will be allowed at the timing desk.

Steps to Take When Covid-19 Suspected:

- Prior to any race taking place, everyone involved will have their temperature taken and the results recorded.
- Should Covid-19 be suspected, the designated contact person of the person involved will be contacted and informed.
- Should immediate help be needed, the registration staff will call the Covid-19 help line – 0800-029-999 and request assistance.

Rules on Social Distancing:

- Stay at least 1,5 meters away from any other person
- Maintain physical separation at all times. Try not to come into physical contact with anyone.
- Cover your coughs and sneezes.
- Cover your mouth and nose with a tissue when you cough or sneeze.
- Throw used tissues in a lined trash can.
- Wash your hands often with soap and water for at least 20 seconds . This is especially important after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- Use hand sanitizer if soap and water are not available. Use an alcohol-based hand sanitizer with at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry.

- Avoid touching your eyes, nose, and mouth with unwashed hands . Avoid sharing personal household items.
- Do not share dishes, drinking glasses, cups or water bottles

Examination	NAME & SURNAME OF PERSONS INTENDING TO ENTER RACE		Name & Surname
	1	Have you tested positive for Covid-19 or had a test for COVID-19 in the past month?	
		If yes , Have you completed the prescribed self-isolation for 14 days after last symptoms?	
	2	Temperature reading	
Symptoms	3	Have you experienced any symptoms of Covid-19 in the past month:	
		Loss of smell and/or taste	
		Sore throat	
		Coughing	
		Difficulty breathing	
		Conjunctivitis (eye infection)	
		Body pains	
		Fever	
Movement		Severe headaches	
	7	Do you use public transport where 1.5 metre social distancing is not possible?	
	8	Does anyone in your household work in the Essential Services - Medical Field, Law Enforcement etc	
	10	Have you traveled in the past 14 days?	
	11	Estimated number of people you have been in contact with over the past 14 days	
	12	Do you make use of any protective wear in public / work places? (mask, gloves, etc)	
	13	In which suburb do you live?	
Date			
Score			#DIV/0!
APPROVAL			

Important Contact Details:

Public Officer	Sharief Peters	082-926-9402
Race Director	Graham Ward	082-449-7424
Covid-19 Compliance Officer	Megan Burns	084-548-2535
Events Manager	Sue Kirk	083-578-9375
Marshal Coordinator	Mike Aaron	082-578-0414

COVID - 19 PANDEMIC CALL CENTRES AND HOTLINES



Coronavirus Hotline: 0800 029 999	National Crisis Line: 0861 322 322	South African Police Service: 08600 10111	Reporting undue price increases: 0800 141 880	Child Line: 0800 055 555	Department of Home Affairs: 0800 601 190
Persons with Disabilities: SMS 'help' to 31531	Support to SMMEs in distress: 0860 663 7867	AIDS Helpline: 0800 012 322	Department of Trade and Industry: 080 000 6543	Suicide Helpline: 0800 567 567 or 0800 456 789	Department of Water and Sanitation: 0800 200 200
GBV - Related service complaints: 0800 333 177	PostBank Call Centre: 0800 53 54 55	Gender-based Violence Command centre: 0800 428 428 OR *120*7867# (free)	Department of Trade and Industry: 080 000 6543	Family Violence, Child Protection and Sexual Offences Unit: 0800 150 150	Department of Tourism: 0860 868 747
National Institute for Communicable Diseases: 0800 029 999	Women Abuse Helpline: 0800 150 150	National Human Trafficking Helpline: 0800 222 777	SASSA Call Centre: 0800 60 10 11	Presidential Hotline: 17737	WE ARE HERE TO HELP

WHATSAPP SUPPORT
0600 123 456
EMERGENCY NUMBER
0800 029 999
sacoronavirus.co.za

