



## WESTERN CAPE CYCLING ASSOCIATION (WCCA)

Affiliated to Cycling South Africa (CSA)



20 NOVEMBER 2023

### WESTERN CAPE XCO SEASON DATES AND INFO

#### WESTERN CAPE XCO CUP EVENTS 2024

3 February 2024	Bloemendal - Durbanville	WP MTB
2 March 2024	Spice Route – Paarl ( <b>UCI Cat 2 Event</b> )	Paarl Trails / WP MTB
13 April 2024	Pofadder Trail – Bonnievale	Absolute Motion Johan Wykerd
18 May 2024	Bloemendal - Durbanville	WP MTB

#### WESTERN CAPE XCO CHAMPIONSHIP EVENT 2024

16 – 17 June 2024	Knysna XCO track	Eden Mtb
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#### SA XCO CUPS AND CHAMPIONSHIPS 2024

29 – 31 March 2024	Thaba Trails – Gauteng	<a href="https://www.cyclingsa.com/">https://www.cyclingsa.com/</a>
3– 5 May 2024	Spice Route – Paarl (SA Champs)	<a href="https://www.cyclingsa.com/">https://www.cyclingsa.com/</a>
27– 30 June 2024	Cascades Bike Park – KZN	<a href="https://www.cyclingsa.com/">https://www.cyclingsa.com/</a>

#### **Please note.**

1. All Western Cape XCO Cup series and Championship's will cater for all age categories from Nipper to Grand Master.
2. All SA XCO Cup and Championship events will cater for age categories from Sub Junior – Elite, A Vets category rider is permitted to race in the Elite Category if he/she is in possession of a CSA Racing Licence.
3. An updated Provincial Colours Criteria will be published on the WP Cycling website in due course. <https://www.wpcycling.com/mtb/>

## **WESTERN CAPE XCO TEAM COMPETITION RULES**

We are pleased to announce the introduction of the Western Cape XCO Team competition for 2024 WESTERN CAPE XCO CUP SERIES & CHAMPIONSHIPS. The team competition will consist of two (2) categories. An Open Category and a Youth Category.

**Youth Category** will comprise of riders from the following categories: Nipper, Sprog and Sub Junior.

**Open Category** will comprise of riders from any age group from Nipper to Grand Master.

### **Rules:**

1. This competition is open to all Cycling Academies, Schools, clubs, or a group of friends.
2. Competition events will consist of 4 Western Cape XCO Cups and the Western Cape XCO Championships
3. The winning team will be the team with the most points at the end of the five events. In the event of a tie, the team with the most 1st place positions will be declared the winner, following that the team with the most 2<sup>nd</sup> place positions and following that the most 3<sup>rd</sup> place positions.
4. A rider may only be a member of one team.
5. A team must consist of 6 riders.
6. All six riders' point will count towards the teams point total.
7. Girls / Women riders point will count double points. ie. 110 Log points = 220 Team Points.
8. Team members remain the same for the entire competition, no substitutions will be allowed during the competition.
9. Great prizes will be awarded to the winning teams at the Western Cape Awards Ceremony for 2024.
10. Enter your team at <https://www.entryninja.com/events>
11. Team entries for the competition will be as follows:
  - a. Youth Team R 360.00
  - b. Open Team R 510.00

Kind Regards

*G Mc Given*

Geoffrey Mc Given  
Western Cape Mountain Biking Commissioner